### INDIVIDUAL HEALTH CARE PLAN FOR A CHILD WITH SPECIAL HEALTH CARE NEEDS

You may use this form or an approved equivalent to document an individual health care plan developed for a child with special health care needs.

A child with a special health care need means a child who has a chronic physical, developmental, behavioral or emotional condition expected to last 12 months or more and who requires health and related services of a type or amount beyond that required by children generally.

Working in collaboration with the child's parent and child's health care provider, the program has developed the following health care plan to meet the individual needs of: Child date of birth: Child Name: Name of the child's health care provider: Physician Physician Assistant ☐ Nurse Practitioner Describe the special health care needs of this child and the plan of care as identified by the parent and the child's health care provider. This should include information completed on the medical statement at the time of enrollment or information shared post enrollment. Identify the caregiver(s) who will provide care to this child with special health care needs: Credentials or Professional License Information (if applicable) Caregiver's Name

## INDIVIDUAL HEALTH CARE PLAN FOR A CHILD WITH SPECIAL HEALTH CARE NEEDS

Describe any additional training, procedures or competencies the caregiver identified will need to carry out the health care plan for the child with special health care needs as identified by the child's parent and/or the child's health care provider. This should include information completed on the medical statement at the time of enrollment or information shared post enrollment. In addition, describe how this additional training and competency will be achieved including who will provide this training.

		•			
	· · · · · · · · · · · · · · · · · · ·				
This plan was developed in close collaboration with the child's parent and the child's health care provider. The caregivers identified to provide all treatments and administer medication to the child listed in the specialized individual health care plan are familiar with the child care regulations and have received any additional training needed and have demonstrated competency to administer such treatment and medication in accordance with the plan identified.					
Program Name:	License/Registration Number:	Program Telephone Number:			
Child care provider's name (please print):		Date;			
Child care provider's signature: X					
Signature of Parent:					
v		Dale:			

# NEW YORK STATE OFFICE OF CHILDREN AND FAMILY SERVICES INDIVIDUAL ALLERGY AND ANAPHYLAXIS EMERGENCY PLAN

#### Instructions:

- This form is to be completed for any child with a known allergy.
- The child care program must work with the parent(s)/guardian(s) and the child's health care provider to develop
  written instructions outlining what the child is allergic to and the prevention strategies and steps that must be taken
  if the child is exposed to a known allergen or is showing symptoms of exposure.
- This plan must be reviewed upon admission, annually thereafter, and anytime there are staff or volunteer changes, and/or anytime information regarding the child's allergy or treatment changes. This document must be attached to the child's Individual Health Care Plan.
- Add additional sheets if additional documentation or instruction is necessary.

, tad additional at the tea					
Child's Name: Date of Birth: / Asthma: ☐ Yes (high	-		tbs.		
My child is reactive to	the following alle	rgens:			
Allergen:	Type of E (j.e., air/skih-conta		Symptoms include but are not limited to:  (check all that apply)  Shortness of breath, wheezing, or coughing  Pale or bluish skin, faintness, weak pulse, dizziness  Tight or hoarse throat, trouble breathing or		
			swallowing  Significant swelling of the tongue or lips  Many hives over the body, widespread redness  Vomiling, diarrhea  Behavioral changes and inconsolable crying  Other (specify)		
			<ul> <li>☐ Shortness of breath, wheezing, or coughing</li> <li>☐ Pale or bluish skin, faintness, weak pulse, dizziness</li> <li>☐ Tight or hoarse throat, trouble breathing or swallowing</li> <li>☐ Significant swelling of the tongue or lips</li> <li>☐ Many hives over the body, widespread redness</li> <li>☐ Vomiting, diarrhea</li> <li>☐ Behavioral changes and inconsolable crying</li> <li>☐ Other (specify)</li> </ul>		
	. <del>-</del>	ţ	☐ Shortness of breath, wheezing, or coughing ☐ Pale or bluish skin, faintness, weak pulse, dizziness ☐ Tight or hoarse throat, trouble breathing or swallowing ☐ Significant swelling of the tongue or lips ☐ Many hives over the body, widespread redness ☐ Vorniting, diarrhea ☐ Behavloral changes and inconsolable crying ☐ Other (specify)		
If my child was LIKELY exposed to an allergen, for ANY symptoms:  ☐ give epinephrine immediately					
If my child was DEFINIT ☐ give epinephrine		n allergen, even if	no symptoms are present:		

OCFS-6029 (01/2021)		
Date of Plan:	1	1

## THE FOLLOWING STEPS WILL BE TAKEN IF THE CHILD EXHIBITS SYMPTOMS including, but not limited to:

- Inject epinephrine immediately and note the time when the first dose is given.
- Call 911/local rescue squad (Advise 911 the child is in anaphylaxis and may need epinephrine when emergency responders arrive).
- Lay the person flat, raise legs, and keep warm. If breathing is difficult or the child is vomiting, allow them to sit up
  or lie on their side.
- If symptoms do not improve, or symptoms return, an additional dose of epinephrine can be given in consultation with 911/emergency medical technicians.
- Alert the child's parents/guardians and emergency contacts.
- After the needs of the child and all others in care have been met, immediately notify the office.

#### MEDICATION/DOSES

6	Epinephrine	brand o	or generic:
-		Diana a	

<ul> <li>Epinephrine do</li> </ul>	se: 🗍 0.1	mg IM	0.15 mg IM		0.3 mg lN
------------------------------------	-----------	-------	------------	--	-----------

## ADMINISTRATION AND SAFETY INFORMATION FOR EPINEPHRINE AUTO-INJECTORS

When administering an epinephrine auto-injector follow these guidelines:

- Do not put your thumb, fingers or hand over the tip of the auto-injector or inject into any body part other than the mid-outer thigh. If a staff member is accidentally injected, they should seek medical attention at the nearest emergency room.
- If administering an auto-injector to a young child, hold their leg firmly in place before and during injection to prevent injuries.
- Epinephrine can be injected through clothing if needed.
- Call 911 immediately after injection.

### STORAGE OF EPINEPHRINE AUTO-INJECTORS

- All medication will be kept in its original labeled container.
- Medication must be kept in a clean area that is inaccessible to children.
- All staff must have an awareness of where the child's medication is stored.
- Note any medications, such as epinephrine auto-injectors, that may be stored in a different area.
- Explain here where medication will be stored:

#### MAT/EMAT CERTIFIED PROGRAMS ONLY

Only staff listed in the program's Health Care Plan as medication administrant(s) can administer the following medications. Staff must be at least 18 years old and have first aid and CPR certificates that cover all ages of children in care.

- Antihistamine brand or generic:
- Antihistamine dose:
- Other (e.g., inhaler-bronchodilator if wheezing):

\*Note: Do not depend on antihistamines or inhalers (bronchodilators) to treat a severe reaction. USE EPINEPHRINE.

### STORAGE OF INHALERS, ANTIHISTAMINES, BRONCHODILATOR

All medication will be kept in its original labeled container. Medication must be kept in a clean area that is inaccessible to children. All staff must have an awareness of where the child's medication is stored. Explain where medication will be stored. Note any medications, such as asthma inhalers, that may be stored in a different area.

Explain here:

 $Q_{1,1}^{j}$ 

STRATEGIES TO REDUCE THE RISK OF EXPOSURE TO ALLERGIC TRIGGERS

The following strategies will be taken by the child care program to minimize the risk of exposure to any allergens while the above-named child is in care (add additional sheets if needed):

Document plan here:				
	<del> </del>			
•	 			
	ningar voors tower salts		421210000000000000000000000000000000000	Sistema (45)
EMERGENCY CONTACTS = CALL 911				
Ambulance: ( ) -				
Child's Health Care Provider:	 Phone #: (	)		
Parent/Guardian:	Phone #: (	)		
CHILD'S EMERGENCY CONTACTS				
Name/Relationship:	Phone#: (	)		
Name/Relationship:	Phone#: (	)		
Name/Relationship:	Phone#: (	)	**	
Trainon total strengt				
Parent/Guardian Authorization Signature:	Date:			
Physician/HCP Authorization Signature:	Date:	1	1	

## MEDICATION CONSENT FORM

- CHILD DAY CARE PROGRAMS
- This form may be used to meet the consent requirements for the administration of the following: prescription medications, oral over-the-counter medications, medicated patches, and eye, ear, or nasal drops or sprays.
- Only those staff certified to administer medications to day care children are permitted to do so.
- One form must be completed for each medication. Multiple medications cannot be listed on one form.
- Consent forms must be reauthorized at least once every six months for children under 5 years of age and at least once every 12 months for children 5 years of age and older.

LICENSED AUTHORIZED PRESCRIBER	COMPLETE THIS	SECTION (#1-#18)	AND AS NEEDED (#33 - 35).		
1. Child's First and Last Name:	2. Date of Birth: 3. Child's Known Allergies:		n Allergies: کٍ		
	<u> </u>	-	-'		
4. Name of Medication (including strength):	5. Amount/Do	5. Amount/Dosage to be Given:  6. Route of Administration:			
7A. Frequency to be administered:					
OR 7B. Identify the symptoms that will necessitate adm possible, measurable parameters):	ninistration of medication	n: (signs and symptoms m	ust be observable and, when		
8A. Possible side effects: See package inse	ert for complete list of po	ossible side effects (parent	t must supply)		
AND/OR					
8B; Additional side effects:					
9. What action should the child care provider take i	f side effects are noted:		<b>.</b>		
<b>_</b>		t phone number provided I	pelow		
Other (describe):					
			- Lauranda		
10A. Special instructions: See package inser	t for complete list of spe	ecial instructions (parent m	ust suppiy)		
AND/OR					
10B. Additional special instructions: (Include any coconcerns regarding the use of the medication as it.	relates to the child's age	e, allergies of any pre-exis	ing committees, was accounted		
situation's when medication should not be administered.)					
11. Reason for medication (unless confidential by law):					
			Itt		
12. Does the above named child have a chronic physical, developmental, behavioral or emotional condition expected to last 12 months or more and requires health and related services of a type or amount beyond that required by children generally?					
☐ No ☐ Yes If you checked yes, complete (#33 and #35) on the back of this form.					
13. Are the instructions on this consent form a change in a previous medication order as it relates to the dose, time or frequency the medication is to be administered?					
☐ No ☐ Yes If you checked yes, complete (#3-	4 -#35) on the back of t	nis form.			
14. Date Health Care Provider Authorized:	15, Date to b	e Discontinued or Length	of Time in Days to be Given:		
1 1	1 1				
16. Licensed Authorized Prescriber's Name (please	e print): 17. L	icensed Authorized Presc	riber's Telephone Number:		
18. Licensed Authorized Prescriber's Signature:					
X					

# MEDICATION CONSENT FORM CHILD DAY CARE PROGRAMS

PARENT COMPLETE THIS SECTION (#19 - #23)

19. If Section #7A is completed, do the ins authorized prescriber write 12pm?)	tructions indicate a specifies   N/A   No	ic time to	administer	the medication? (For example, did the licensed	
Write the specific time(s) the child day care	Write the specific time(s) the child day care program is to administer the medication (i.e.: 12 pm):				
20. I, parent, authorize the day care progra	am to administer the medic	cation, a	s specified o	on the front of this form, to (child's name):	
21. Parent's Name (please print):		22. Date Authorized: / /			
23. Parent's Signature: X					
CHILD DAY CARE PROGRAM CO	OMPLETE THIS SEC	TION (	[#24 - #30]	)	
24. Program Name;	25. Facility ID Number:			26. Program Telephone Number;	
27. I have verified that (#1 - #23) and if app this medication has been given to the day of	olicable,(#33 - #36) are con care program.	mplete. I		e indicates that all information needed to give	
28. Staff's Name (please print):			29. Date F	Received from Parent:	
30. Staff Signature:					
X		_ <del></del>	···		
ONLY COMPLETE THIS SECTION (#PRIOR TO THE DATE INDICATED IN 31. I, parent, request that the medication in	(#15)				
or, it paroni, roquost that the meanance				(Date)	
Once the medication has been discontinued consent form must be completed.  32. Parent Signature:	d, I understand that if my o	child requ	uires this me	edication in the future, a new written medication	
X					
LICENSED AUTHORIZED PRESC	PIRER TO COMPLE	TE AS	NEEDEL	) (#33 - #35)	
33. Describe any additional fraining, proced				<del></del>	
34. Since there may be instances where the frequency until the medication from the prev the administration of the prescription to take	ious prescription is compl	w presc etely use	ription for ched, please in	hanges in a prescription related to dose, time or ndicate the date you are ordering the change in	
DATE: / /					
By completing this section, the day care program will follow the written instruction on this form and <i>not</i> follow the pharmacy label until the new prescription has been filled.					
35. Licensed Authorized Prescriber's Signate	иге:				
Χ					